Seed Starting Plan

Date:

Frost Chart for Canada: http://www.almanac.com/garden/frostcanada.php

1. Add or subtract the number of weeks in Safe to Set Out Time column from the last spring frost date to calculate Setting Out Date column.

2. To calculate the Indoor Start Date, take the date from Setting Out Date column and subtract Weeks from Sowing to Setting Out column.

3. Happy Planting!

Seed	Indoor Start Date	Weeks from Sowing to Setting Out	Safe to Set Out Time	Setting Out Date	Notes
Basil		6	1 week after		
Broccoli		4-6	2 weeks before		
Cabbage		4-6	4 weeks before		
Cauliflower		4-6	2 weeks before		
Cucumber		3-4	1-2 weeks after		
Lettuce		4-5	3-4 weeks before		
Onions		6-8	4 weeks before		
Parsley		9-10	3 weeks before		
Peppers		6-14	2 weeks after		
Pumpkins		3-4	2 weeks after		
Sage		8	1 week before		
Spinach		4-6	3-6 weeks before		
Tomatoes		6-8	1-2 weeks after		